Spiritual
MILK
FOR
BOSTON BABES
In either ENGLAND.

Drawn out of the
breasts of both *TESTAMENTS*
for their souls *nourishment.*

But may be of like use to any
Children.

By JOHN COTTON, *B. D.*
Late Teacher to the Church of
Boston *in* New-England.

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MILK FOR BABES.

Q. WHat hath GOD done for you?

Answ. GOD hath made me, [a] keepeth me, and He can save me.

Quest. *Who is GOD?*

A. God is a Spirit of [b] him and for himself.

Q. *How many Gods be there?*

Ans. There is but one God in [c] persons. [c] the Father, the Son, and the Ghost.

Q. *How did God make you?*

A. In my first Parents [d] holy

Q. *Are you then born holy and righteous?*

A. No, my first Father [e] sinned [f] in him.

Mass Hist Soc. 15 July 1939

Q. *Are you then born a ſinner?*

A. I was conceived in ſin, and [f] born in iniquity.

Psal 51.5.

Q. *What is your birth-ſin?*

Anſw. Adams ſinn imputed to me, [g] and a corrupt nature dwelling in me.

Rom:5. 12,13,14. Eph. 2.12.

Q. *What is your corrupt nature?*

Anſw. My corrupt nature is empty of [h] Grace, bent unto ſin, and onely unto ſin, and that continually.

Rom:7. Gen. 6.5

Queſt. *What is Sin?*

Anſw. Sin is the [i] tranſgreſſion of the Law.

Q. *How many Commandements of the Law be there?*

Anſw. [k] Ten.

Q. *What is the firſt Commandement?*

A. Thou ſhalt HAVE no other Gods but [l] ME.

l Exo. 20.3

Q. *What is the meaning of this Commandement?*

m Mat 4.10

A. That we ſhould [m] worſhip the onely true GOD, and no other beſide him.

Q. *What is the ſecond Commandment?*

Exod:20, 4,5.

A Thou ſhalt not MAKE to thy ſelf any graven IMAGE &c:

Q. *What*

Q. *What is the meaning of this Co[illegible] mandment?*

Answ. That we should wo[illegible] true [o] GOD with true W[illegible] such as God hath ordained, [illegible] man hath invented.

o Joh 4.24. Deut:12.32 Mat:15.9.

Q. *What is the third C[illegible]ment?*

A. Thou shalt not ta[illegible] NAME of the Lord thy God in V[illegible] &c:

Q. *What is here meant by the Name of God?*

A. God [p] himself, and the good things of God, whereby he is known as a man by his name; as his Attributes, Worship, Word, and Workes.

p Deut:28. 58. Exo:33.19 with 34.6. 2 King.9.3 Psal.138.2 Joh 1.21.

Q. *What is it not to take his Name in vain?*

A. To make use of God, and the good things of God, to his glory, and our [q] good, not vainly, not unreverently, not unprofitably.

q 2 Kin.2.3 Lev:10.3. Job 38.21 1 Cor:10. 31.

Quest. *What is the fourth Commandment?*

Joh 5.27. Deut:8.16. Jer:2.30. Levit:26.2 Heb:4.2.

A. Remember that thou keep holy the [r] SABBATH day &c:

r Exod:20. 8. Exod:31.

Q. *What is the meaning of this Commandment?*

A. That we should rest from labour

and much more from play on [s] the Lords-day, that we may draw nigh to God in holy dutyes.

Quest. *What is the fifth Commandment?*

Answ. HONOUR thy Father and thy Mother, [t] that thy dayes may be long in the land, which the Lord thy God giveth thee.

Quest. *Who are here meant by Father and Mother?*

Answ. All our Superiours, whether in [u] Family, School, Church, and Common-Wealth.

Quest. *What is the honour due unto them?*

Answ. Reverence, [w] Obedience and (when I am able,) Recompence.

Quest. *What is the sixth Commandment?*

Answ. Thou shalt do no (x) MURTHER.

Quest. *What is the meaning of this Commandment?*

Answ. That we should not shorten the [y] life, or health of our selves, or others, but preserve both.

Quest

Queſt. *What is the ſeaventh Commandement?*

Anſw. Thou ſhalt not commit [*a*] ADULTERY. a Exo. 20. 14.

Queſt. *What is the ſinn here forbidden?*

Anſw. To defile our ſelves, or others [*a*] with unclean luſts. a Gen. 2. 10 Lev: 18. 24

Queſt. *What is the duty here Commanded?*

Anſw. Chaſtity, to poſſeſs [*b*] our veſſells in holineſs and honour. b Tit. 2. 5. 1 Pet. 2, 2 1 Theſ. 4. 4, 5.

Queſt. *What is the eighth Commandement?*

A. Thou ſhalt not [*c*] STEAL. c Exod: 20. 15.

Q. *What is the STEALTH here forbidden?*

Anſw. To take away [*d*] another mans goods, without his leave: or to ſpend our own without benefit to our ſelves or others. d Luke 19. 8. 1 Theſ. 4. 6 Pro: 21. 20

Queſt. *What is the duty here Commanded?*

Anſw. To get our goods [*e*] honeſtly, to keep them ſafely, and to ſpend them thriftily. e Pro. 13. 11 Job 6. 12. Pſal. 19. 16 & 15. 15.

Queſt. *What is the ninth Commandement?*

f Exod: 20. 16. A. Thou (f) ſhalt not bear FALSE WITNES againſt thy neighbour.

Queſt. *What is the ſinn here forbidden?*

g Eph 4.25 Jer: 9.4.5. Josh: 9.22, Prov: 13 7. A. To (g) LYE falſly, to think or ſpeak UNTRUELY of our ſelues or others.

Queſt. *VVhat is the duty here required?*

h Eph. 4.25 Mat: 23.23 A. TRUTH (h) and Faithfulneſs.

Queſt. *VVhat is the tenth Commandement?*

Exo: 20.17 A. Thou ſhalt not COVET &c:

Queſt. *VVhat is the Coveting here forbidden?*

Rom: 7.7. Heb: 13.5. A. LUST after the things of other men: and want of contentment with our own.

Q. *VVhether have you kept all theſe Commandements?*

l Rom 3.23. Anſw. (l) No, I and all men are ſinners.

Queſt. *What is the wages of ſinn?*

m Jo. 6.23. and 3.6.9 A. (m) Death and damnation.

Queſt. *How took you then to be ſaved?*

n Acts 4 18. A. (n) Onely by Jeſus Chriſt.

Queſt. *Who is Jeſus Chriſt?*

A. The

A. The Eternal Son of God, who for our sakes [*e*] became man, that he might redeem and save us.

[*e*] 1 John 3. 22. Pro. 8. 22,24,25. John 1.14. 2 Cor. 8.9. Luke 1,68 69. & 2.11

Quest. *How doth Christ redeem and save us?*

A. By his righteous life, and bitter death, and glorious resurrection to life [*f*] again.

[*f*] Gal. 4.4,5 Mat. 20.28 Phil. 2.7,8. Rom. 4.25.

Q. *How do we come to have part and fellowship with Christ in his Death and Resurrection?*

A. By the power of his [*g*] Word and Spirit, which bring us to Christ and keep us in him.

[*g*] John 17. 20,21. 2 Cor. 5.20 1 Cor. 6.17

Q. *What is his Word?*

A. The [*r*] Holy Scriptures of the Prophets and Apostles, the Old and New Testament, Law and Gospel.

[*r*] 2 Tim. 3 15,16.

Q. *How doth the Ministry of the Law bring you towards Christ?*

A. By bringing me to know my sin, and the wrath of God against me for it.

Rom. 3. 20 Gal. 3. 10, 24. Rom. 7. 9, 10.

Q. *What are you thereby the neerer to Christ?*

A. So I come to feel my cursed estate and need of a Saviour.

Gal. 3 10. 24.

Q. *How*

Quest. *How doth the Ministry of the Gospell help you in this cursed Estate?*

u Luke 3. 4,5,6.

Answ. By humbling me (*u*) yet more, and then raysing me up out of this Estate.

Quest. *How doth the Ministry of the Gospel humble you more?*

w 2 Tim: 1.10. 1 Tim: 1. 15. John 16.7, 9. & 6.44. Luk. 19.10

Answ. By revealing the [*w*] Grace of the Lord Jesus, in dying to save sinners: and yet convincing me of my sinn, in not believing on him, and of my utter insufficiency, to come to him; And so I feel my self utterly lost.

Quest. *How then doth the Ministry of the Gospell rayse you up out of this lost estate to come unto Christ?*

x John 12. 22. 2 Cor: 5. 19,20. Cant: 5.10. to 16. with 1.1. 2 Cor: 3.28 Luk. 19.20 Mat: 9.13 Gal. 3.5. Rom: 10 17. & 1.16

Answ. By (*a*) teaching me the value and the vertue of the death of Christ, and the riches of his Grace to lost sinners: By revealing the promise of Grace to such, and by ministring the Spirit of Grace, to apply Christ, and his promise of grace unto my self, and to keep me in him.

Q. *How doth the Spirit of grace ap-*

ply

ply Christ, and his promise of grace unto you, and keep you in him?

A. By begetting in me (*y*) Faith to receive him: Prayer to call upon him: Repentance to mourn after him, and New obedience to serve him.

(*y*) Rom:10 17. & 10. 14. Zach: 12.10. Rom:16. 25.26. 2 Cor:10. 4.5.

Quest. *What is Faith?*

Answ. Faith is a grace of (*z*) the Spirit; whereby I deny my self, and believe on Christ for righteousnes and salvation.

(*z*) Phil:1.29 2 Cor.4.13 Phil.3.8.9.

Quest. *What is Prayer?*

Answ. It is calling upon (*a*) God in the name of Christ, by the help of the Holy Ghost, according to the will of God.

(*a*) Mat:6.9 Joh:16.23 Rom:8.26. 27. 1 Joh.5.14

Quest. *What is Repentance?*

Answ. Repentance is a (*b*) grace of the Spirit, whereby I loath my sinns, and my self for them, and confesse them before the Lord, and mourn after Christ for the pardon of them, and for grace to serve him in newnes of life.

(*b*) Act.5.31 Zach.12. 10. Ezek.6.9. Job 42.6. 2 Sam.24. 10. Lev.26.40. 41. Prov.28.13. Zach:12. 10. 1 Sam.7.2.

Quest. *What is newnes of life, or New obedience?*

A. Newnes of life is a (*c*) grace of the Spirit, whereby I forsake my former

(*c*) Psal:51. 1,2.10.

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Rom: 7.6
1 Pet: 4.2, 3,4.
Pſal. 116.9 & 119.9. 105, 135.
Pſal 16.3.

former luſts and vain company, and walk before the Lord in the light of his Word, and in the Communion of his Saints.

Queſt. *What is the Communion of Saints?*

d 1 Cor. 1.2
Phil. 1.5.
Acts 2.47
Rom: 9.4
2 Cor: 12. 13.

A. It is (*d*) the fellowſhip of the Church in the bleſſings of the Covenant of Grace, and the Seals therof.

Queſt. *What is the Church?*

e Pſal: 89.5 & 50.5.16.
Ezek. 20, 37.
Acts 2.42
2 Cor: 14. 23, 26.

A. It is a Congregation of (*e*) Saints joyned together in the bond of the Covenant, to worſhip the Lord, and to edifie one another, in all his holy Ordinances.

f 2 Cor. 8. 5. & 9.13.
Gen: 17.7.

Q. *What is the bond of the Covenant in which the Church is joyned together?*

A. It is (*f*) the profeſſion of that Covenant, which God hath made with his faithfull people, to be a God unto them and to their ſeed.

Q. *What doth the Lord bind his people to in this Covenant?*

g Joſh: 24. 15 21, 24, 25.
2 Cor. 8.5
1 Chr. 29.21
Neh. 9.38 with 10.28 29. 30 34.

A. To (*g*) give up themſelves and their ſeed, firſt to the Lord to be his people, and then to the Elders and brethren of the Church, to ſet forward the worſhip of God, and their mutual edification.

Q. How

Q. *How do they give up themſelves and their ſeed to the Lord?*

A. By receiving through [*h*] faith the Lord and his Covenant, to themſelves, and to their ſeed. And accordingly walking themſelves, and training up their children in the wayes of his Covenant.

h Joh.1.12 Gen: 17.9, 10 Iſa.56.6,7. Gen:18.19

Q. *How do they give up themſelves and their ſeed to the Elders and brethren of the Church?*

A. By confeſſion of [*i*] their ſins, and profeſſion of their faith, and of their ſubjection to the Goſpel of Chriſt. And ſo they and their ſeed are received into fellowſhip of the Church, and the Seals thereof.

i Mat:3.6. 2 Cor:9.13 Acts 2. 38, 39.

Q. *What are the Seales of the Covenant now in the dayes of the Goſpel?*

A. Baptiſme [*k*] and the Lords Supper.

k Ro 4.11 with Col.2 11,12. 1 Cor:11. 25.

Q. *What is done for you in Baptiſme?*

Anſw. In Baptiſme the waſhing with water is a ſign and ſeal of my waſhing with the bloud and Spirit of Chriſt, and thereby of my ingrafting into Chriſt: of the pardon and cleanſing of my ſins: of my riſing up out

Heb:10.22 &c 12. 24. John 3. 5. Ro 6. 2,4. Acts 22.16 Luke 3. 3. 1 Pet 3.20 21. 1 Cor: 15.29.

out of Affliction: and alſo of my reſurrection from the dead at the laſt day.

Queſt. *What is done for you in the Lords Supper?*

Anſw. In the Lords Supper the receiving of the bread broken, and the [*m*] wine powred out, is a ſign and ſeal of my receiving the Communion of the body of Chriſt broken for me, and of his bloud ſhed for me; And thereby of my growth in Chriſt, of the pardon and healing of my ſinns; of the fellowſhip of his Spirit; of my ſtrengthening and quickning in grace: and of my ſitting together with Chriſt on the Throne of glory at the laſt judgment.

[*m*] 1 Cor: 10.16. Matth: 26. 26,28. 2 Cor: 12. 13 Pſal. 104.15 John 6. 55.

[*n*] Luke 22. 27,29,30.

Queſt. *What is the Reſurrection from the dead, which was ſealed up to you in Baptiſme?*

Anſw. When (*o*) Chriſt ſhall come to his laſt Judgment, all that are in the graves ſhall ariſe again, both the juſt and unjuſt.

(*o*) John 5: 28,29. Act. 24.15.

Queſt. *What is the laſt judgment, which is ſealed up to you in the Lords Supper?*

A. At

A. At the last (*p*) day we shall all appear before the Judgment seat of Christ, to give an account of our works, and to receive our reward according to them.

(*p*) 2 Cor: 5. 10. Mat: 12. 36. 1 Cor: 4. 5. Ecc: 12. 14

Queſt. *What is the reward that ſhall then be given?*

Anſw The (*q*) righteous ſhall go into life eternall, and the wicked ſhall be caſt into everlaſting fire with the Devill and his Angels.

(*q*) Mat: 25. 34. Mat: 25. 46.

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